Important Safety Note: Never leave a small child unattended or allow a child to sleep with a tie on.

Fabric & Notions:
Cotton quilting fabrics
1" polybraid elastic for Elastic Tie
Hook & loop (like Velcro) for Velcro Tie

Yardage:
1/4 yard for sizes 2-8, 1/2 yard for size 8-14, if cutting across the grain
3/4 yard, if cutting on the bias
7/8 yard, if cutting with the grain

½" seam allowance included, unless noted otherwise.
Preparation
Prepare your pdf pattern. Before printing the pattern pieces, check your printing options to be sure that "rotate and center" is selected and sizing options such as "fit to page" are not selected. Each page is marked with a row number and a column number to help with lining up the pages. All pages will overlap 1" on each side.

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When properly pieced, your completed pattern should look like this graphic:

For the pattern for sizes 2-4 and 5-8, print pages 9 to 11.
For the pattern for sizes 8-14, print pages 12 to 17.

Notes: The pattern pieces can be cut on or across the grain or on the bias. There really aren’t any set rules. The sample ties were cut at various angles to fit on scraps from my stash.

When sewing ties to go with the Fishsticks Designs Everyday Camp Shirt, the Velcro & Traditional Ties give a nicer fit than the Elastic Tie.

Tie Lengths:
Size 2 to 4 years adjusts from approximately 10" to 14".
Size 4 to 8 years adjusts from approximately 13" to 18".
Size 8 to 14 years adjusts from approximately 18" to 25".
Sewing Instructions

Begin by cutting out your pattern pieces. For Size 2-4 or Size 5-8 Elastic or Velcro Tie, cut one front piece and one back piece. Cut neck pieces according to these measurements:

Size 2-4 Elastic Tie: 3 1/8" x 7"  Velcro Tie: 3 1/8" x 16"
Size 5-8 Elastic Tie: 3 1/8" x 8"  Velcro Tie: 3 1/8" x 17"
Cut 1" polybraid elastic 13" for Size 2-4 Elastic Tie, 14" for 5-8.

Press seam allowances apart and trim away excess fabric.

For Size 8-14 Traditional Tie, cut one front and one back from each pattern piece. Pin the angled (dashed) edges right sides together and stitch, as shown.

Place front and back tie pieces right sides together and pin the pointed ends. Stitch along the angles, leaving the sides open.
Clip the points and trim away the edges on each side before turning.

Turn. Push the points out well and press both ends.

Optional: Serge or overcast the long raw edges. In most ready-to-wear ties, these are left raw because they’re tucked inside the back of the tie. If you plan to wash and dry your finished tie, though, you may want to finish these edges to control fraying.

Fold the tie in half the long way with the front sides together and pin along the long edge. Stitch.
Press the seam allowances open. Try to use the tip of the iron so that you don’t press creases into the sides.

Turn the tie right side out. On shorter ties, turning is fairly easy with your fingers. On longer ties, insert a large safety pin into the shorter end and pin it inside. Use the safety pin to pull the shorter end down to turn the tie. Be careful not to pull too hard because the safety pin may snag the fabric.

Press the tie into shape. It’s easier to get the seam centered if you press the back first, then flip over and press the front.

If you’re sewing the Traditional Tie, you’re done!
If you’re sewing the Elastic or the Velcro Tie, fold the short edges of the neck piece in to the wrong side ½” and press. Stitch in place.

To make turning the tube easier, fasten a large safety pin to the right side. Place the safety pin just below one line of stitching and centered between the two long raw edges.

Fold the neck piece in half with right sides together and match up the long raw edges. Pin with the safety pin inside. Stitch along the raw edge.

Using the safety pin to help, turn the tube right side out and press with the seam at the center of the back.

For the Elastic Tie, pull your elastic piece through the tube using a safety pin.

Overlap the ends of the elastic 1” and stitch to secure.

For the Velcro Tie, sew a ½” square of hook (the pokey, sticky side) to the back of the neck piece on one end. Sew a ½” x 2” long piece of loop (the soft side) to the front of the neck piece on the opposite end.
To create your "Windsor Knot", place the neck piece on the table in front of you with the tie piece on top so that they form a + sign, as shown.

Wrap the narrow end of the tie around the back of the neck piece and pull it to your left.

Wrap the narrow end across the front of the tie to your right, just below the neck piece.

Wrap the narrow end back under and then above the neck piece.
Wrap the narrow end down across the neck piece and through your “Windsor Knot”.

Tuck the narrow end behind the wide end and pull the knot tight. Adjust the length as necessary.

And, your tie is done!

Wasn’t that easy? Make a few more!
Ages 2-4
Elastic or Velcro

Ages 5-8
Elastic or Velcro
THE TIE TUTORIAL

Cut 1 Front
Cut 1 Back
AGES 8-14

TRADITIONAL TIE

CUT 1 FRONT
CUT 1 BACK

1"
Ages 8-14

Traditional Tie

Cut 1 Front

Cut 1 Back